

Saturday Rec August 2010

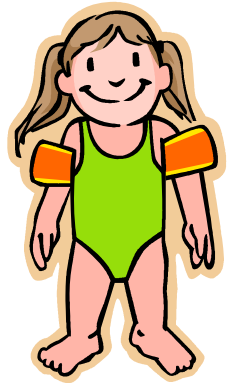
***Individuals whom don't want to participate in an activity they will be able to participate in a different structured activity provided.**

RSVP's by Thursday Evening for attendance to Saturday Rec

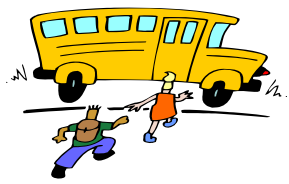
Dani Sturdevant 585-593-3005 ext 236, Danielle.sturdevant@alleganyarc.org or

Jessica James ext 239, Jessica.james@alleganyarc.org

Program Phone 585-808-1515



Date	Schedule	Items to Bring
8/14/10	9:45-10:15am Arrival/ Attendance 10:15-10:30am Bathroom/Load Vans 10:30-11:30am Depart for YMCA 11:30-12pm Lunch 12-1:45pm Swimming 1:45-2:15pm Dressed/ Ready to return home 2:15-3:15pm Drop Off/ Travel back to the building	Swimming Suite Towel
8/21/10	9:45-10:15am Arrival/ Attendance 10:15-10:30am Bathroom/Load Vans 10:30-11:30am Depart for YMCA 11:30-12pm Lunch 12-1:45pm Swimming 1:45-2:15pm Dressed/ Ready to return home 2:15-3:15pm Drop Off/ Travel back to the building	Swimming Suite Towel
8/28/10	9:45-10:15am Arrival/ Attendance 10:15-11:15am Craft (Sock Animals) 11:15-12am Physical Activity (Wii, Outside for a walk, Adventure to the Park) 12-12:15pm Lunch 12:15-12:30pm Clean Up/ Bathroom 12:30-1:30pm Science Experiment (Green Slime) 1:30-2:30pm Small Group Activities 2:30-3pm Clean Up/ Bathroom	*We will supply a tube sock for individuals to make a tube sock animal.



September 2010



***Individuals whom don't want to participate in an activity they will be able to participate in a different structured activity provided.**

RSVP's by Thursday Evening for attendance to Saturday Rec Dani Sturdevant 585-593-3005 ext 236, Danielle.sturdevant@alleganyarc.org or Jessica James ext 239, Jessica.james@alleganyarc.org Program Phone 585-808-1515

Date	Schedule	Items to Bring
9/4/10	9:45-10:15am Arrival/ Attendance 10:15-10:30am Bathroom/Load Vans 10:30-11:30am Depart for YMCA 11:30-12pm Lunch 12-1:45pm Swimming 1:45-2:15pm Dressed/ Ready to return home 2:15-3:15pm Drop Off/ Travel back to the building	Swimming Suite Towel
9/11/10	9:45-10:15am Arrival/ Attendance 10:15-11:15am Craft (Origami boxes) 11:15-12am Physical Activity (Wii, Outside for a walk, Adventure to the Park) 12-12:15pm Lunch 12:15-12:30pm Clean Up/ Bathroom 12:30-1:30pm Science Experiment (Corny Goo) 1:30-2:30pm Small Group Activities 2:30-3pm Clean Up/ Bathroom	
9/18/10	9:45-10:15am Arrival/ Attendance 10:15-10:30am Bathroom/Load Vans 10:30-11:30am Depart for Cuba Garlic Festival 11:30-12pm Lunch 12-2:15pm Tour the Garlic Festival 2:15-3pm Drop Off/ Travel	*Please make sure individuals have sunscreen applied before dropping them off at the Shine Building.
9/25/10	9:45-10:15am Arrival/ Attendance 10:15-10:30am Bathroom/Load Vans 10:30-11:30am Depart for YMCA 11:30-12pm Lunch 12-1:45pm Swimming 1:45-2:15pm Dressed/ Ready to return home 2:15-3:15pm Drop Off/ Travel back to the building	Swimming Suite Towel